

Since 1994 NCY Launch Pad has provided a safe quality supported housing scheme for young people who are leaving care aged 16 to 18 years old, based in our semi-Independent living unit in Beckton, East London. Residents each have their own lockable bedroom and each flat has shared bathroom, kitchen and lounge areas.

If you would like to make a referral or find out more about Launch Pad you can contact Barry Walker, NCY Supported Housing Manager on 020 7511 5755 or e-mail [barryw@ncytrust.org](mailto:barryw@ncytrust.org) If you would like to find out more information about The NCY Trust then please see our website at [www.ncytrust.org](http://www.ncytrust.org).



# LAUNCHPAD

## The Process of referring a Young Person

- Initial enquiry to see if vacancies are available.
- Supported Housing Manager sends you our easy to follow referral form, and also requests the minutes of the last two LAC meeting minutes and a Risk Assessment.
- Supported Housing Manager allocates keyworker for assessment process.
- Initial visit arranged for the potential resident and social worker at a time that is convenient for you by the key worker.
- First visit tour of building, go over house rules and supply you with a list of items required for independent living.
- We also will request £250.00 leaving care money to buy the required items with the young person on moving in day.
- Sleep over arranged to ensure young person is happy to move into Launchpad and second part of assessment takes place.
- Moving in date arranged and tenancy sign up arranged for same day and shopping with key worker for essential items.
- The average time from initial referral to moving in is four weeks but can be accommodated sooner if required.

In consultation with the resident, social services and Launch Pad staff we create a holistic care package that meets resident's individual needs.

Providing a caring and nurturing environment, where young care leavers can feel safe to develop their skills during the transition to adulthood.

Launch Pad supports young people for up to two years during the transitional period of leaving care to independent living by providing support, guidance and information in order to:

- Enable them to develop positive independence skills so they are ready for independent living.
- Enable them to cope with the emotional responsibilities of living independently.
- Enable them to shop on a budget and encourage healthy eating.
- Encourage them to take responsibility with regards to paying bills.
- Encourage them to develop healthy lifestyle choices.
- Encourage further education or employment.

Launch Pad supports and encourages residents to be ready for independent living and ensures that at the end of their tenancy they are able to:

- Live independently and are able to be self-sufficient.
- Cook and are aware of healthy life-style options.
- Know how to keep themselves and their home clean.
- Know how to access health provisions and are registered with them.
- Be in training, education or employment.
- Know where to access support when required.
- Achieve NOCN accreditation in Developing Independent Skills.

"NCY played a vital role in my past, which makes the present and the present determines the future... The skills I learnt and enhanced while at Launch Pad helped me maintain both myself and home. The connections I made with NCY are still supporting me in my journey of life and career. This is not often the case, as a lot of young people, leave residential/foster homes and never get any contact after. Hotep, (Peace)"  
Yanik



"My name is Mawava, I'm 17 years of age. When I first came to Launch Pad I was really scared and I was like... How am I going to do this... Where do I start... How do I begin? But being at Launch Pad has given me the confidence, the reality of life and the strength to just be me... Teach me how to be myself. Launch Pad has helped me a lot I mean I've achieved so much just living at Launch Pad and it's a great place, and I love living at Launch Pad and I'm going to miss it when I leave."

